## LIFESPAN PESPECTIVES FOR CAREER AND PROFESSIONAL DEVELOPMENT





Leader of the Research Group – Zhanna Virna, Ph. D., Doctor of Psychology, Full Professor, dean of the Psychology Department of the LUEENU; head of the specialized scientific board for granting the degree of Ph. D. (Kandydat) for successful thesis defence in the speciality "General Psychology and the History of Psychology"; the head of Volyn regional department of pan-Ukrainian public organization "The Community of the Psychologists of Ukraine"; a member of the Council of Experts for the accreditation and licencing of the highest-level educational institutions in the Ministry of Education and Science of Ukraine; deputy editor of the specialized psychology journal "Psychological Perspectives"; and the head of the scientific and research laboratory of integral personality research.

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## Areas of research:

 the study of the psychological aspects of an individual's professionalism during the course of obtaining practical experience;

- the substantiation of the integral approach to the study of psychology of the professionalism of experts in different specialities;

- the developing of psychological technology for self-preservation, compensation and rehabilitation in practical activities;

- the introduction of innovative programs designed to produce substantial and rapid changes in the level of professionalism and the corresponding psycho-social provision.

*Scientific output of Z. Virna.* Approximately 150 scientific works have been published, including 7 monographs, a textbook, two textbooks, and 68 articles.

## Research supervision of the following Ph. D. theses:

*Pavlyuk T*. Empathetic Factors in the Professional Adaptation of Nurses (2007).

*Shkarlatyuk K.* Peculiarities of the Formation of Profession-Related Prognostication with respect to Prospective Managers (2010).

Zemba A. Self-Exactingness as a Factor in Professional Competences (using civil service employment centre data as source material) (2010).

*Kryzhanovska S.* Motivational Factors in the Professional Fulfillment of Preschool Institution Personnel (2011).

Ostapyovskyi O. The Professional Identity within the Structure of the Individual's Economic Consciousness (2011).

*Hrandt V.* Coping Resources as a Factor in the Maintenance of an Individual's Profession-Related Wellness (2012).

*Hrytsiuk I.* Psychological Features of the Social Orientation of Prospective Specialists in Socionomic Professions (2012).

*Gubin A.* The Motivation to Achieve Success as a Determinant of the Professional Self-Determination of Students in Technical Specialties (2013).

*Shyshkina H.* The Information-Related Attitude as a Factor in the Social and Psychological Maturity of Students (2013).

*Kmit I.* Chronostructural Competence as a Prerequisite for Nurses' Professional Adaptability (2013).

*Hoshovska O.* Psychological Protection in the Structure of Individual Self-Acceptance (2013);

*Koshyrets V.* Psychological Specifics of the Creation of Personal Space by Students (2014).

*Barabaschuk G*. The Social Identity of the Individual as the Subject of Familial Transformations (2014).

*Prokopovych T.* Emotional Stability as a Condition for Social Adaptability in Artistically Gifted Individuals (2015).

*Fenyna O.* Reflexive and Behavioural Peculiarities of the Individuals Professional Self-Management (2015).

*Kandyba M.* Emotional Maturity as a Condition for the Development of Profession-Related Tolerance in Individuals (2015).

**Summary.** This school is devoted to the study of the structural, functional and dynamic peculiarities of life and career strategies in the formation of the professional personality as well as the realization of an integral approach to the study of the psychophysiological, psychological and social indices of career readiness and the psychological status of the specialist. It opens up high-priority areas of study to innovative psychoanalytical techniques and programmes of preventive/corrective measures for enhancing the individual's potential in terms of both his/her personal life and his/her career.

**Results of the scientific school.** In our research we provided corroborating evidence with respect to the the life and mode concept of motivational and sense regulation in personal career fulfilment; we analysed the essence and principles according to which we can diagnose and predict career readiness. The diagnostic proceedings and prognostication of the individual's psycho-pedagogical development towards self-regulation are successfully used in the applied research in the psychology of the individual, the organizational psychology and the psychology of labour.

## Members of the School

Alla Mudryk, Ph. D. in Psychology, Associate Professor in the Department of General and Social Psychology at LUEENU. Alla Mudryk received an official Letter of Appreciation (2011) and the Certificate of Appreciation of the Volyn Regional Administration (2015).

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*Areas of scientific research:* professional psychology, the psychology of professional deformations and professional addictions of the individual.

**Zoreslava Kryzhanovska,** Ph. D. in Psychology, Associate Professor in the Department of General and Social Psychology at LUEENU. Zoreslava Kryzhanovska received an official Letter of Appreciation from the Rector in 2012.

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*Areas of scientific research:* psychology of profession-related formation and the development of a specialist.

**Alla Gubina,** Ph. D. in Psychology, Associate Professor in the Department of Foreign Languages at Lutsk National Technical University.

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*Areas of scientific research:* motivation for achievement in research; professional self-definition of students; psychological and pedagogical problems of identity formation in non-linguistic higher educational establishments; modern trends of the development of linguistics-related methodology.

**Viktoria Grandt,** Ph. D. in Psychology, Associate Professor of the Department of Practical Psychology at Zaporizhzhia National University.

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*Areas of scientific research:* profession-related wellness of the individual; mechanisms of individuals for psychological self-defense, and the development of coping mechanisms.

**Kateryna Shkarlatiuk,** Ph. D. in Psychology, Associate Professor in the Department of General and Social Psychology at LUEENU.

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*Area of scientific research:* the formulation of professional projections regarding individuals by means of psychology-oriented training sessions.

**Iryna Grytsiuk,** Ph. D. in Psychology, Associate Professor of Practical Psychology and Comprehensive Safety Studies at LUEENU.

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Areas of scientific research: the social orientation of prospective specialists in socionomic professions; psychological security of the individual; the influence of physiological aspects on the formation and development of the individual; the nature of psychosomatic relationships; art therapy as a method for the diagnosis and remediation of personal and behavioural disorders.

**Viktor Koshyrets,** Ph. D. in Psychology, Associate Professor of Practical Psychology and Comprehensive Safety Studies at LUEENU.

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*Areas of scientific research:* psychological peculiarities of the creation of students' personal space; the security of the individual – psychological limitations and inner resources.

