The Ukrainian Psychotrauma Center

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Vision

The Ukrainian Center of Psychotrauma is an open academic society to help advance the understanding of mental trauma, efficient treatment of post-traumatic stress disorder, inform the public in order to guide a response, improve care and enhance quality of life.

Mission

To generate world-leading research of psychotrauma at the individual and collective levels, and to provide quality and human services in community and individuals during and after trauma. The Center aims to develop programs to help individuals deal with the trauma of war and terror.

Goals

- Advancing innovative interdisciplinary research on genocide and mass violence
- Promoting use of the efficient programs and techniques for treating PTSD;
- Organizing seminars and workshops, transforming the way we understand the origins, dynamics and consequences of genocide, mass violence, as well as the conditions and dimensions of PTSD;
- Promoting community-based psycoeducational programs aimed at developing individual resilience and lowering the incidence of PTSD.
- To help individuals with mental trauma and their families overcome crisis through practical and emotional support

Partners

Our team is made of clinical psychologists and mental health care professionals, who are closely collaborating with

- the Israel Psychotrauma Center (Jerusalem)
- Canadian Holodomor Research and Education Center (Toronto)

Grant

Moral Injury: a Comparative Study with Offspring of Holodomor and Holocaust Survivors (2020)

(Holodomor Research and Education Consortium (HREC), Canadian Institute of Ukrainian Studies, The University of Alberta, Edmonton, Canada).